

**Jacqueline Shea Vance, LCSW  
Licensed Psychotherapist (LCS20378)**

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**ADULT INFORMATION & HISTORY**

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**Today's Date:**

**Personal Information**

Name

Home Address

City/State/Zip

Your Email

Contact Number

Date of Birth

Marital Status

Name of Spouse/Partner

How many years

Highest Grade/Degree

Occupation

Employer/School

Work Address

City/State/Zip

May I call you at your contact number?    yes    no

Person completing form (if other than patient):

Relationship:

Name of Guardian (if applicable):

**Emergency Information**

Contact person in case of emergency:

Relationship:

Phone #:

How did you find Jacqueline Vance, LCSW?

## **Physician Information**

Primary Care Physician:

Phone Number:

OB Gyn:

Phone Number:

Reproductive Endocrinologist or Fertility Specialist:

Phone Number:

## **REASON FOR VISIT**

Please describe your PRIMARY reasons for seeking therapy/counseling (include year/month the difficulties started):

**Was there a significant event which made these issues or problems surface? Yes                      No**  
**If yes, describe:**

What motivated you to get help now?

PLEASE INDICATE HOW YOUR PROBLEMS ARE AFFECTING THE FOLLOWING AREAS:  
 (Place an X in the appropriate box)

	No Effect	Little Effect	Some Effect	Much Effect	Significant effect	Not Applicable
Marriage						
Family						
Job or School Performance						
Friendships						
Hobbies						
Financial Situation						
Physical Health						
Anxiety level						
Mood						
Eating habits						
Sleeping habits						
Sexual functioning						
Ability to concentrate						
Ability to control your temper						

Please answer whether or not you are CURRENTLY experiencing any of the following symptoms:

- Suicidal Thoughts/Impulses ..... N\_\_\_ Y\_\_\_
- Homicidal Thoughts/Impulses ..... N\_\_\_ Y\_\_\_
- Appetite Problems ..... N\_\_\_ Y\_\_\_
- Sleep Problems ..... N\_\_\_ Y\_\_\_
- Physical Complaints ..... N\_\_\_ Y\_\_\_
- Anger/Irritability ..... N\_\_\_ Y\_\_\_
- Isolation/Social Withdrawal ..... N\_\_\_ Y\_\_\_
- Anxiety/Panic ..... N\_\_\_ Y\_\_\_
- Phobia ..... N\_\_\_ Y\_\_\_
- Bingeing/Purging ..... N\_\_\_ Y\_\_\_
- Poor Impulse Control ..... N\_\_\_ Y\_\_\_

Violence Toward Others ..... N\_\_\_ Y\_\_\_

Destruction of Property ..... N\_\_\_ Y\_\_\_

Strange or Unusual Behavior ..... N\_\_\_ Y\_\_\_

Confused or Irrational Thinking ..... N\_\_\_ Y\_\_\_

Bothersome Repetitive Thoughts or Behaviors ..... N\_\_\_ Y\_\_\_

Self-mutilation ..... N\_\_\_ Y\_\_\_

**Psychiatric History**

Have you received any Psychological/Psychiatric treatment before? No\_\_\_ Yes\_\_\_

What was your age at the first visit? \_\_\_\_\_

If you checked Yes to the above question, please answer the following for the most RECENT TREATMENTS:

**What type of care did you receive?      Inpatient (hospital)      Outpatient      Both**

When were you in treatment?

Where were you in treatment?

How long were you in treatment?

How helpful was it?

How and why did it end?

Who was your therapist and psychiatrist?

Did your psychiatrist prescribe medicine at this time?    Yes    No                      Not applicable

If yes, what was prescribed (include dosages if known) ?

**Substance Use History**

How much alcohol do you drink per week on average? \_\_\_\_\_ drinks per week

How much alcohol did you drink per week on average for the last 5 years? \_\_\_\_\_ drinks per week

Have you had problems with your drinking (legal, health, work, relationship?)

No\_\_\_ Yes\_\_\_ If Yes, please explain:

Have you had any inpatient/hospital treatment for substance abuse?

No\_\_\_ Yes\_\_\_

[If Yes, please list facility(ies) date(s) and length(s) of stay(s)]:

Did you or do you use any illicit drugs?                      Yes                      No

Please list:

PAST

PRESENT

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe the alcohol and/or drug use for your PAST and PRESENT USE:

Substances

Amount

Frequency

When? (first use, last use)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have a history of blackouts, seizures, or withdrawal symptoms?                      Yes                      No

**Habits:**

**Amount Currently Using**

**Most Ever Used**

Coffee (cups/day)

\_\_\_\_\_

\_\_\_\_\_

Cigarettes (packs/day)

\_\_\_\_\_

\_\_\_\_\_



## Reproductive Health History

Please list pregnancies, births, miscarriages by most recent date:

Please describe history of infertility treatments, including reproductive medicine and holistic:

Procedure	Date	Specialist
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Past and Present Marriages (Name of partner, number of years together)

## Family History

How many siblings do you have? Full \_\_\_\_\_ Half \_\_\_\_\_ Step \_\_\_\_\_

How many times was your mother married? \_\_\_\_\_

How many times was your father married? \_\_\_\_\_

If your parents divorced, include your age at the time and describe how it affected you:

Describe your childhood in general: Relationships with parents, siblings, others, school, neighborhood, relocations...

Describe any significant conditions of your parents and/or other family members:

Emotional:

Medical:

Chemical dependency:

## **Developmental History**

Did you experience any type of developmental delays as a child? Please describe:

Did you experience any type of learning difficulty or academic difficulty as a child? Please describe:

What gives you most joy or pleasure in life:

What are your main worries and fears:

What are your most important hopes or dreams:

Friendships/Community/Spirituality: (Describe quality, frequency, activities, etc.)

**Goals** Please list your primary goals for treatment in order (begin with the most important):